

Confrontation & Fear Management

This course is designed as an interactive lecture course. It is based on much of Tony Blauer's Fear and Confrontation management curriculum. It is taught exclusively by Hard Target Security Group. Lessons learned can be applied to any situation or scenario that initiates fear in your life. It has been successfully used to rid people from their anxiety attacks and panic attacks, and helped some of these same individuals completely remove prescription medication for anxiety and depression from their system.

Restrictions: Open

Students: Seminar Environment

Duration: 3 Hours

Cost: Quote available upon request

Course Contents:

- Fear/Confrontation Management
- Predator Prey Relationships
- Causes of Anxiety
- Cycle of Behavior
- Dealing with Doubt
- Expectations and Motivation

Reserve your Seat: [Training Application](#) or contact HTSG [Training Section](#)