

Personal Defense Readiness (PDR) S.P.E.A.R. System™

S.P.E.A.R. Spontaneous Protection Enabling Accelerated Response, is a close quarters combat self defense system that utilizes the unmatched speed and reliability of the human startle/flinch mechanism into a protective or tactical maneuver enabling your ability to defend against any sudden ambush attack. Discover the startle/flinch phenomena and its link to the survival system's withdrawal reflex. Based on Instincts, it is what your body wants to do to protect itself. No other system is as scientifically researched and medically studied than SPEAR. This Training is for everyone regardless of Experience, Fitness level, Age or Gender.



Restrictions: OPEN

Students: 24 MAX

Duration: 8 HRS (CAN BE TAUGHT IN SEVERAL BLOCKS)

Cost: \$250

Course Contents:

- S.P.E.A.R. System Fundamentals
- Fear/Confrontation Management
- Predator Prey Relationships
- Reality Based Scenario Training

Equipment Requirements:

- Workout clothing
- High Gear protective Suit (provided)

Schedule a Course: training@htsecuritygroup.com